

Saturday
September
16



9:00 am
to 3:00 pm

Colonial Church

6200 Colonial Way
Edina, MN 55436

Free Will Offering: \$20

Emotional Sobriety & Centering Prayer Meditation



Rev. Dr. John MacDougall

Presenters:

John MacDougall - Spiritual Care Coordinator at the Retreat

Julie G. - AA, Al-Anon, and OA since 1992

Dick Y. - AA, Al-Anon, founder of 12StepSpirituality.org

Workshop details:

- Personal reflections on emotional sobriety
- 11th Step Centering Prayer instruction and practice
- Coffee, snacks, and lunch will be provided

Register by email:

registration@12stepspirituality.org